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APA Citation Style
APA citation style is primarily used in the social and behavioral sciences such as psychology, economics, political science, anthropology, etc. What makes APA style unique from other citation styles is that there is greater emphasis on publication date. The date is placed prominently in the in-text citation and listed immediately after the author’s name on the reference list.

In the fields where APA style is used, research is constantly evolving, meaning when the research was published is very important, sometimes more important than what it says. For example, if you were writing a paper about computers, you would find very different information if you used material from 20 years ago versus within the last 5 years. Other styles that place less emphasis on dates, such as MLA, find that classic texts, like Jane Eyre, or contemporary texts, like Harry Potter, won’t change even hundreds of years after their initial publication.

Additionally, APA style is used to reference and document sources to provide proper credit and attribution to original authors and their works. Academic work is seen as ownership, much like owning a car. If you were to borrow a car you would have to ask for permission or give credit to the car owner. Using APA style allows you to offer credit, avoiding pitfalls such as plagiarism and academic dishonesty. This reference sheet will provide an overview of the reference list and in-text citations. For more complete information, be sure to examine the Publication Manual of the American Psychological Association, 6th edition.

Common Reference Entries for Print Sources

Books
Book with One Author
Last Name, First Initial. (Year of publication). Title of work: Capital letter also for subtitle. Location: Publisher.


Book with Two to Five Authors
List all authors by last name and first initial in the order in which they appear. Each author’s name should be separated by a comma. The last author’s name should have an ampersand (&) before it.


Book with Six or More Authors
When you have six or more authors, use the first-listed author’s last name and first initial followed by et al., which means and others, to represent the other authors.

Book with No Author or Editor
List the title of the book before the year.


Chapter in an Edited Collection

Author of chapter. (Year of publication). Title of chapter. In Name(s) of editor(s) (Eds.). Title of book (edition and page number information) Location: Publisher.


Print Version of an Article in a Magazine

Author(s). (Year of publication). Title of article. *Title of Magazine, volume*(issue), page numbers.


Print Version of an Article in a Newspaper

Author(s). (Year, Month Day of publication). Title of article. *Title of Newspaper*, page numbers or section information.


Common Reference Entries for Electronic or Digital Sources

Article from an Online Periodical with DOI

Periodicals include items published on a regular basis such as journals, magazines, newspapers, and newsletters.


Article from an Online Periodical without DOI


A Website

Author(s) (Year of publication). Title of article. *Title of Online Journal or Publisher, volume number*(issue number - if available). Retrieved from (insert URL).

**A Page from a Website with Author**


**A Page from a Website with No Author or Year**

At the very least, for internet sources cited on the reference page you should provide a year of publication. However, if you know the material is current or unchanging, you can cite this material with placeholders, such as *n.d.* for *no date*. If there is no author, check for a corporate author first. If there is also no corporate author, you will start with the title of the source.


**Other Sources**

**Published Interviews**

Depending on where you retrieved the interview (academic journal, magazine, newspaper, etc.), you would want to make sure you followed the format for that type of source.


**Personal Interviews**

Since interviews provide data that cannot be retrieved or recovered by anyone else, interviews are only cited in in-text citations. Cite the material as a personal communication.

(J. Doe, personal communication, September 7, 2017)

**Reference List**

- Begin your reference list on a separate page from the rest of your essay. The reference list should also have a page number that is continuous in relation to the rest of the text. For example, if you had four pages of writing, the reference list would begin on page 5.
- Have the term References centered in the middle of the page above the citations. Do not italicize, underline, or bold.
- Double space all citations and do not put additional space between entries.
- All sources should have *hanging indents* (see the above examples).
- All your sources should be listed in alphabetical order from A-Z using the first letter of the first word to determine order.
  - If there is no author and you have to start with a title and the title starts with an article like “the,” “a,” and “an,” skip to the next word.
  - If you cite multiple works by the same author, use the author’s name for all entries and list the entries by year (earliest to latest publication date).
○ If the author appears as a sole author in one citation and the first author of a group, list the one-author entries first.
○ References that have the same first author and different second or third author are arranged alphabetically by the last name of the second or third author.
○ If the author wrote more than one work in the same year, you will assign letters to the year. For example, (1996a) and (1996b).
○ Finally, if the source begins with a number use the first letter of that number when spelled out (ex: 5 = f, 10 = t), but don’t change the numerical form.

In-Text Citations

By using an in-text citation, you’re giving credit to the authors for their ideas and showing your reader how to trace back to the reference citations on your reference list so that they can find the original source.

The basic format for in-text citations is (author’s last name, year). Commas are necessary to separate the author’s last name and the year. Consider the following example:

Researchers suggest that with the rise of social media there is a loss of personal intimacy (Burrik & Watts, 2015).

If the author’s name is already included in the text, the date is placed in parenthesis next to the last name.

Clark and Smith (2010) note that social media can take a toll on jobs and possibly result in posts that can cost employees their position with the company.

You can also integrate the author and year into your sentence. Remember if you have more than six authors you will need to use et al.

In 2013, Bipps et al. conducted a survey and found that 60 percent of employees post on social media about work-related frustrations.

If you are citing two or more works within the same sentence or parenthesis, separate the citations with a semicolon. Authors should be ordered alphabetically in the same order they appear in the reference list.

As social media has evolved, bullying has also followed suit and now studies suggest that 60-80 percent of bullying now takes place in cyberspace (Ling and Kim 2016; Rollins 2015).

When citing a direct quotation, you will also need to make sure you include the page number.

Lopez (2017) found that today “over 75% of all internet users use social media” (p. 345).

Research has found that today “over 75% of all internet users use social media” (Lopez, 2017, p. 345).

If you have multiple works by the same author be sure to indicate the different years of the different works in the in-text citation. If you have multiple works from the same author in the same year, you will need to assign these works a letter in your reference list. You will then use those letters in your in-text citations to identify those sources. In all of these cases, the years will be separated by commas.
Goggin & Goggin (2013, 2015) found that LinkedIn is an important networking site for professionals who are seeking ways to build business connections and relationships, especially if you are a new worker in the workforce.

Reed (2017a, 2017b) notes that there has been a significant shift for younger users away from Facebook and Twitter to platforms like Snapchat and Instagram.

If there is no author on the reference list, when citing in-text you can use a few words of the title or the whole title if it’s short.

Surprisingly, “The Truth about Online Dating” (2016) has found that the online dating site with the most users is Badoo; OkCupid, Tinder, and eHarmony have about 100 million total users combined, but Badoo eclipses this number by tracking almost 300 million current users.

Finally, you may run across material that is important to your work but the source is already quoting the material from another author. This is called a secondary source. When citing a secondary source, it’s better to inform the reader who the researcher is within the sentence. In the in-text citation you will use the term as cited in followed by the citation for the primary source.

Sebastian Bromstead has surveyed social media users and found that usage is split evenly between males and females, except Pinterest, which has a user base of 79 percent females and 21 percent males (as cited in Platt & Stewart, 2016).

A final note: when writing about an event that occurred in the past, be sure to use the past tense, such as “Clark noted” or “Smith’s research found.” For an event that is still ongoing, use the present perfect tense, like “Clark has noted” or “Smith’s research has found.” Finally, when providing results, use the present tense, such as “the results show” or “the experiment demonstrates.”

* Have more questions about in-text citations, such as how to integrate your quote into a sentence or how to use attributive phrases? See our handout Quotations and Using Credible Sources.

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**Formatting**

**General Formatting**

Margins should be 1 inch on the top, bottom, and sides. The document should be double spaced, including the title and reference pages.

**Title Page**

Your title page, as with the rest of your paper, should be double spaced. The title page for APA is the first page of the paper and should only include the running head, page number (see “Running Head” below for more information about running heads and page numbers), title, subtitle (if applicable), your name, and the institution. Title, subtitle, your name, and the institution should be centered, and begin 3-4 double spaced lines from the top of the page. Keep in mind that together your title and subtitle should only be 12 words maximum. Your title page should look like the example on the next page. However, some instructors may require additional lines, such as instructor’s name and class number. Be sure to refer to the syllabus, assignment, and instructor in these instances.

**Running Head**

The running head (flush left) and the page number (flush right) are located in the header on every page of the paper.
In Microsoft Word you can insert a header by selecting “Insert” and find the tab labeled “Page Number.” Select “Top of Page” and “Plain Number 3.” In “Header & Footer Tools” check the box that says “Different First Page.” Then, return to the header itself and type “Running head:” and the abbreviated version of your title, which does not exceed 50 characters including spacing and punctuation. Hit tab twice and you should have a left aligned running head and a right aligned page number.

On all pages after the first page, only include the abbreviated version of your title in the running head. This is why you checked the box for a different first page heading. Your page number should be continuous, but you will need to alter your header on the second page since the term “Running head:” will only occur on the first page. See the example below.

**Missing Information**

- **No author:** Use the corporation’s name or publisher instead of the author. If there is no corporation or publisher, use the title of the work.
- **No date/year:** Substitute the date for the abbreviation n.d. for no date. See above “A Page from a Website with No Author or Year” for an example of this in action.
- **No page numbers:** Include paragraph number instead using the abbreviation para. and begin your counting from the beginning of the source if paragraph numbers are not already included.

**A Final Note about APA Style**

While everything above is listed based on the guidelines of the 6th edition of the *Publication Manual of the American Psychological Association*, should your instructor require a different format, be sure to follow the guidelines provided by your instructor.

**Works Consulted:**